

*Supply and Medicine List
for Medical Brigades*

- Antiseptic Soap / Hand Sanitizer
- Hydrogen Peroxide
- Gloves
- Disposable Thermometers
- Glucometers
- Paper, Pens, Pencils
- Small Plastic Bags
- Multivitamins (Adult and Child)
- Prenatal Vitamins
- Antibiotics (Penicillin, Ampicillin, Keflex, Metronidazole, etc.)
- Pain Relievers (Adult and Child)
- Cough and Cold Medicine (Adult and Child)
- Anti-inflammatories
- Asthma Medications
- Antifungal Topicals
- Parasite Medications
- Antidiarrheal Medications
- Antacids
- Antihistamines
- Dermatological Creams (Hydrocortisone, Antibiotic Ointment, etc.)
- Eye and ear drops

The SU Honduras Medical Brigade needs your help. All medical donations will go directly towards providing free medical aid to the people of Honduras.

All medicines and supplies can be picked up by a brigade volunteer. Please coordinate these donations with williamlam@globalbrigades.org

Please also contact us if you are a medical professional interested in participating.



Make a Difference Today

Sponsor A Brigade!

Name: _____

Email: _____

Brigade to be Sponsored:

January 2010 May 2010

Sponsor Amount (check one):

- | | |
|--|---------------------------------|
| <input type="checkbox"/> \$10 | <input type="checkbox"/> \$100 |
| <input type="checkbox"/> \$20 | <input type="checkbox"/> \$250 |
| <input type="checkbox"/> \$50 | <input type="checkbox"/> \$500 |
| <input type="checkbox"/> \$75 | <input type="checkbox"/> \$1000 |
| <input type="checkbox"/> Other : _____ | |

**Please Make Checks Payable to:
"SU Global Medical Brigades"**



Contact Information

Mailing (note: address differs according to semester. Please refer to our website):

ATTN: Global Medical Brigades
William Lam
409 East 69th Street, APT 4E
New York, NY 10021

Website:

www.medicalbrigades.com
www.sugmb.weebly.com

Email:

williamlam@globalbrigades.org



Global Medical Brigades is an international, secular, student-operated, volunteer organization whose mission is to provide sustained healthcare relief to underserved communities throughout the world. Along with affiliate groups at other distinguished universities, our SU team recruits student volunteers and medical professionals, gathers medicines and supplies, and travels overseas to perform medical brigades.

Our current emphasis is to provide medical relief to impoverished villages in Honduras. We work in collaboration with one of the country's most highly regarded non-profits, Sociedad Amigos de los Niños, led by Sister Maria Rosa Leggol, a recent nominee of the Nobel Peace Prize.



About the 2010 SU Brigades

Between **January 4th and 10th**, SU Global Medical Brigades will be hosting weeklong trip to Honduras, treating an incredible total of over 7,000 patients in rural, underserved villages. The brigade will consist of undergraduate and graduate students, pharmacists, doctors, and medical students that provided free medical care by setting up temporary day clinics in villages outside the cities of Tegucigalpa and Choluteca.



The 2009 brigades will be held during schedule university break: **January 4th- 10th**. We will be gathering medicine and supplies year-round for each brigade.

On each day of brigade, we will travel to a different village where medical care is unavailable and people lack the funds or access to take a bus to the city clinic. Students will have the opportunity to participate in each of the brigade stations: Triage, Clinic, and Pharmacy.

Cost: \$650 plus airfare. Each group can fundraise to reduce the total trip cost.

Why Honduras?



Honduras is a country located in the heart of Central America. Home to over 7 million people, it is the second poorest country in the Western Hemisphere with 53% of the population living below the poverty line. The unemployment rate soars at 28% and the average annual per capita income is roughly \$3,001 per year. Some of the effects of this poverty include abandoned children, malnutrition, disease, low life expectancy, and high infant mortality rates. Basic needs such as education, health care, and clean water are luxuries for the majority of the population. In rural communities, these necessities are even more scarce.

Though these problems cannot be solved immediately, our USC brigades aim to do what they can in order to provide the maximum amount of medical relief possible during their weeklong stays in Honduras.

Most Common Diagnosis:

- Malnutrition
- Parasites
- Cough
- Cold
- Headache/Body Pain
- Dermatitis



Sociedad Amigos de los Niños



About Sociedad

Sociedad Amigos de los Niños (SAN) is a non-profit, humanitarian organization in Honduras founded 40 years ago by Sister Maria Rosa Leggol. SAN's mission is to "provide a nurturing environment for the neglected and impoverished children of Honduras, taking care of their basic needs and at the same time helping them to grow, achieve and fulfill their dreams. SAN creates the opportunities for each child and youth to acquire the necessary skills to enjoy a productive and meaningful life."

Some projects started by SAN include:

- Nuevo Paraíso, a village for single mothers and orphaned children.
- Granja Flor Azul, a program that educates young boys from rural areas, and provides training in farming.
- Volunteer brigades, which include **Global Medical Brigades** and **Global Business Brigades**, our partner organization that helps build micro-enterprises to provide economic opportunity and sustainability for local residents. See www.businessbrigades.com for more information.